Rosedale State School Aquatic Practice students travelled to Agnes Water to attend Reef 2 Beach Surf School. Pictured above are Brandy Brand and Corey Rankin standing on boards, with other students in the background putting into practice what they have learned.

**ROSEDALE REPORTING**

Be Safe  Be Respectful  Be Responsible

7th October 2016

Aquatic Practices

UPCOMING EVENTS …

<table>
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<th>Date</th>
<th>Event</th>
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<td>Monday 10th October</td>
<td>P &amp; C Meeting, Common Room 4.30pm</td>
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<tr>
<td>Tuesday 11th October</td>
<td>Yr 7 &amp; 8 Vaccinations</td>
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<tr>
<td>Wednesday 12,19,26th Oct</td>
<td>Primary Swimming lessons</td>
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<tr>
<td>Thursday 13th &amp; Friday 14th Oct</td>
<td>Life Ed Van</td>
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<td>Monday 17th October</td>
<td>Pupil Free day</td>
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Contact Us

Rosedale State School P-12 Campus  P&C

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Dear Parents and Students.
Welcome back to a very busy Term 4.

Year 12 students need to be focussed for these last six weeks and should be attending every day to ensure they maintain their grades. After twelve or thirteen years of schooling we want them to finish with the best possible results. At this time of year many Year 12 students are still unsure about what they want to do after finishing Year 12 and today there are many different options available to them. I have included in this newsletter an insert outlining some of the Training and Further Education Options available with contact phone, email and websites if you want further information. The Guidance Officer, Mel Spencer is also available to meet with you and your student to discuss options. Mel has been meeting with Year 12 students throughout the year already but is happy to have further conversations to support students.

An Interim Report will be posted on Friday this week to keep you updated as to your student’s progress. There will not be formal interviews but if you would like to discuss any aspect of your student’s progress please contact the school to arrange a meeting time.

Our Secondary Awards Evening will be held on Tuesday 15th November and our Primary Awards will be on Wednesday 1st December. Please mark it in your calendar. It is our biggest event to celebrate our wonderful students and their achievements and we would love to share it with you.

Term 3 Rewards Day was held on the Thursday of the last week of term for students nominated by staff as always modelling respectful, responsible and safe behaviour. These students received time on the Jumping Castle or Gladiator Arena. Pictured below are some of our senior students in their safety gear and on the Gladiator Arena.

To assist with Q Parents (digital access for parents to student information) coming on line you will receive a Student Details Form to Update and Return. Please complete this form and return as this will assist us in checking that details are accurate and that siblings are correctly linked on our system.

Finally I would like to congratulate our new Business Services Manager, Mrs Sue Chippendale. Many of you will be familiar with Sue who has been working as a Teacher Aide and Administration Officer at the school for over ten years.

Reminders from the Office

Money: When sending money to school with a student can you please ensure it is placed in an envelope with the student’s name, date and reason eg: swimming lessons/excursion clearly marked.

Mappies: Magpie swooping season is here again. Please be aware there are magpies along the front footpath of the school. To stop attacks please wear a hat or carry an umbrella.
Welcome back from your break for our last term of school for 2016.

This term is 10 weeks and will “fly by” very quickly, so I wanted to let you know some of the plans for the weeks ahead:

- **Swimming** – every Wednesday for the first four weeks will see our entire Primary school going to Bundaberg for swimming lessons with the qualified instructors at Bundaberg Swimming Academy. If you haven’t arranged permission for your child, it’s not too late. As the P&C have generously contributed towards bus costs and Mr Sherriff was able to secure some funding, we have been able to offer these lessons at a highly subsidised rate of just $15 (for the entire program)! Even if your child hasn’t been able to attend the first day, they will still get great value for money from attending from week 2. Whole school swimming carnival is on Friday, 28th October. This will be a fun day and will be held at ANZAC pool in Bundaberg. Parents are welcome to attend, look out for more details to come.

- **LIFE EDUCATION VAN**… Yes, Harold is coming to Rosedale! Notes will come home very soon to allow you to give permission for your children to attend this great program which encourages healthy life choices.

- **TRANSITION TO PREP** – if you have children who are old enough to attend Prep in 2017 or you know someone who does, then I would highly recommend our transition mornings. These will be held on Wednesday, 9th and Tuesday 22nd of November from 9-11am.

- **TRANSITION TO YEAR 7** – On the same Prep transition days, we will hold further transition opportunities for our Year 7s into secondary school. On the second date (22nd), we will send ALL primary students up to the next classroom for the morning, to give them a “taste” of what it will be like for them to be in the next year level and ‘maybe” to have a different teacher.

- **SPELLING BEE** – this is part of our Academic Triathlon and will be held at Rosedale SS on Friday, 21st October.

- **YOUTH PARLIAMENT** – Mrs Hensen (known last term as Ms McTague 😊), nominated seven of our Year 6 students who had demonstrated strong public speaking skills in their recent debating unit, to participate in the Bundaberg Youth Parliament being held on 27th October. The students’ nominations were successful and when she attended a teacher briefing recently, each school drew a “parliamentary” position to fulfil for the day. Rosedale drew PREMIER!! … of course would we expect any less, haha??! We will be very excited to hear the experiences of our students and how they coped with their “mantle of power,” on the day!!

- **PRIMARY AWARDS DAY** – Date claimer on Thursday, 1st December.

- **PRIMARY EXCURSION DAY** – We will be going to Maryborough wildlife sanctuary and Hervey Bay waterpark on Friday, 2nd December. Thanks mainly to the efforts of Mrs Prichard and Mrs Simpson in fundraising, we will be able to subsidise this excursion to a cost of $10 per child. Thankyou of course, to all families who have contributed to these fundraising efforts over the year. It is because of your participation that we are able to offer a great day out for our students at such a subsidised cost. Permission forms with further information will be out in the next fortnight.

- **PRIMARY SCHOOL CAPTAINS** – Year 5 students who wish to be considered for school captains in 2017 will have the opportunity to nominate for these positions. We will begin talking to our Year 5s about this process about half way through this term.

Finally, we will be celebrating World Teachers Day on Friday, 28th October (swimming carnival day). Can I encourage you to let your children’s teachers know how much you appreciate them? It has been my pleasure to work with Sarah Prichard, Annie Howard, Marg Cumner and Jacqui McTague (Hensen) this year. They are all extremely committed and passionate
teachers. I know how much they care about the students in their classes and the “extra mile” they continually travel to make your child’s school experience – not only educational, but also a happy one.Having been a classroom teacher myself for over 20 years, I can assure you that the little notes and letters of appreciation are highly treasured and mean a great deal to those that receive them.

Looking forward to a great term

Katrina Kruger

From our Head of Senior School

Ms Jacquie Bowman

On the Student Free day Monday the 25th of October, samples of our year 12 student work in Authority Subjects will be sent to District Review Panels to be moderated. The following information is provided by the QCAA outlining how this system works.

“Assessment in Authority subjects is externally moderated. The QCAA, through state and district review panels, operates quality-assurance procedures, approval of work programs, monitoring of standards of assessment, reviewing (verification and confirmation) of proposed levels of achievement before certification of results, and random sampling of student folios after certification.

The following diagram summarises the Queensland system of externally moderated school-based assessment.”
From can’t do to can do...

Welcome back to term 4! I hope and trust that you had a pleasant and restful holiday.

This term, my efforts will be on ensuring that the 2017 curriculum in Years 7 – 9 represents authentic learning which is both relevant to Rosedale students as well as challenging whilst maintaining strong alignment with the National Curriculum.

As always, our focus as a school cohort is on ensuring every student is successful. High levels of student wellbeing are extremely important in their success. To aid in promoting wellbeing, our school actively teaches a positive, growth mindset in our Thursday pastoral care program in Years 7 & 8.

The following snippets of wisdom come once again from educational psychologist, Andrew Fuller. These are from a series which could prove helpful for students, teachers and parents: http://andrewfuller.com.au/wp-content/uploads/2014/08/from-cont-do-to-con-do.pdf

**Have a policy of “we fall down 7 times but we get up 8”**

We all have set backs. There are times when we all have to pick ourselves up, dust ourselves off and start again. Most of us are experts in this even if we’ve forgotten it because this is the way we learned to walk.

**Use “I noticed” feedback**

Parents can use “I noticed” feedback for positive and negative behaviours. The number of comments made to kids that begin with the phrase “I noticed”, shape behaviour powerfully. For example, “I noticed you like to draw”, “I noticed you are really trying hard to”, “I noticed you’re reading a good book”. Believe me, they will notice that you have noticed! Parents can use this to calmly draw attention to negative behaviours. For example, “I notice you are up when you are supposed to be asleep” or “I notice that you are feeling upset right now”.

**Praise effort more than ability**

Tell your kids that they are geniuses but they don’t know it yet. It’s good to know that your parents think you are wonderful. Then focus most of your comments on effort. For example, “You really worked hard at that well done!” “I noticed you really tried your best at that, I’m impressed” or “Wow, your practice has really paid off.”

**Mistakes are opportunities to learn**

If a child thinks they didn’t do well at something because they lack intelligence, they give up. When they can see they are on a pathway of improvement they persist. Mistakes are an essential part of learning. Parents can help children to learn that when you make a mistake all it means is that you haven’t learned how to get it right yet.

**Dealing with set backs**

No one really enjoys making mistakes. If we don’t learn from our mistakes we are destined to repeat them. It is hard to keep your enthusiasm up when you’ve not been selected for a dance team or a drama part or a sports team or failed a test at school. Parents can help kids by helping them to analyse mistakes. Some questions used to review a setback are: Ok so you didn’t do as well as you would have liked, let’s see if we can learn from this? What parts of it did you do well? What parts of it didn’t go as well as you hoped? How much work would be involved in getting better at those parts? Would you change the way you prepared for it next time?

**Turn losses into tournaments**

You may have already done this as a kid. After losing at a game, you may have said, “Ok, best out of three is the champion”. If you didn’t win that tournament perhaps you may have said, “Ok, best out of five is ruler of the universe”. Teach your kids that there is no loss; there is always a chance to have another go.

**Focus on the way we do things rather than the result**

Successful sports teams play the game the same way regardless of the score in the game. Focusing on the result causes people to panic or freeze up. Parents’ comments can cause a shift in their child’s awareness. Instead of commenting on the result, find something you like and notice it. For example, “you sang the first few bars of that song beautifully, it’s coming together”. Avoid the temptation to add suggestions of ways to improve.

**Talk about your role models**

Young people today seem to lack positive role models. The media seems determined to serve kids up role models of testosterone fuelled bozos or ditzy socialite women. The idea that you can partly shape your life on someone who you admire is alien to them. Talk about the people you admired as a kid. Explain why they have been important. Talk about the everyday heroes who have inspired you.

There are many more tips available on Andrew Fuller’s excellent website, linked above.

_Darran Stutz-Grimmond, A/HoD, Junior Secondary_
Aquatic Practices Excursion

Students from the year 11/12 Aquatic Practices Class have participated in Learn to Surf classes at Agnes Water conducted by Reef 2 Beach surf school on 14th September and 5th October. The Aquatic Practice program provides Surfing as curriculum study area to achieve a QCE.

Grom Mellick from Reef 2 Beach conducted the program and was impressed by the high standard of surfing that students achieved in their first lesson. Teacher Robert Elphinstone reported excellent behaviour and engagement in the surfing program. It is great to have the support of excellent local businesses like Reef 2 Beach to support the learning of students at Rosedale State School.

All students reported having a great time applying the knowledge gained in class in a practical way. Brandy Brand a student on the excursion said that it was really great to apply the knowledge that he has gained from the classroom and apply it in a practical way it makes you understand the theory in a much deeper way.

Students have enjoyed the first excursion surfing and are looking forward to completing the program in the new term.

ENGAGING ADOLESCENTS™
FREE PARENT COURSE

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- Building a relationship with your teenager & making the best of your non-crisis conversations with them
- Skills for tough conversations for handling those problems you just can’t ignore

FREE: Course handbook for all participants. Catering is provided by the school. Run by Parentshop® licensed practitioner.

Presenters: Debbie Quivooy (Bundaberg District Behaviour Support Teacher, Northern Alliance cluster), Cheryl Pankratz (Early Years Behaviour Support Teacher & MYCP Facilitator, Engaging Early Learners Service) & Betty Farrell (Positive Behaviour for Learning Schools Coordinator, North Coast Region)

RSVP: Please register to participate by contacting the school (41300222) by Friday 14/10/2016.
Parenting skills for resolving teenage behaviour problems:

A three-session program for parents and carers at

NORTH BUNDABERG STATE HIGH SCHOOL

CHOOSE EITHER:

MONDAYS - 24 & 31/10 & 7/11/16 (9am – 12noon)
OR WEDNESDAYS - 26/10, 2 & 9/11/16 (6pm – 9pm)
Year 9 Earth Science
To make earthquakes seem more realistic in Yr 9 Earth Science, Mr Hey our groundsman constructed a “Shake Table.” Students had a set amount of straws and paperclips with which to build a two-storey tower. Their tower had to support a 250gm bag of sand to survive the earthquake. Results were interesting!
Year 4/5 came along to observe as an introduction to the science unit they will be studying this term.

From our Student Support Officer
Mrs Nancye Manteit

It’s October! From now on:

Employers advertise re School-based Apprenticeships & Traineeships or Full-time Apprenticeships for 2017

Year 10s: If you have aspirations of gaining a School-based Apprenticeship or Traineeship, now is the time to commence looking. Perhaps you already have a part-time/casual job where an Employer might be open to offer training you to gain Certificates. Typically a SAT is completed during Years 11 and 12 of your Secondary education. Often Work Experience is a great way to find out if certain ideas about what you want to do in your future are really what you want. Work Experience is unpaid monetary-wise, but paid greatly in skills, decisions and ideas for your future.

Year 12s: If you are looking to gain a full-time Apprenticeship or Traineeship, now is the time to commence looking online, in newspapers, and cold-calling employers in person to leave a copy of your Résumé, and inquiring about availability of positions. At this time of year there are thousands of students finishing Year 12 and vying for positions. Get in early with your applications! www.http://au.indeed.com/ is one website advertising Apprenticeships.

Contact Apprenticeships Info on 1800 210 210 or email apprenticeshipsinfo@qld.gov.au if you need more information about starting an apprenticeship or traineeship.

Bits’n’ Pieces:
“Stop wishing … start doing.” Anon